

A Road towards safety.....

Women Cell

Social issues like molestations, eve teasing and rape have become a common affair in day to day society. A close look at the morning newspapers speak volumes about the holocaust that is running rampant in the contemporary age. We are indeed living in a broken country where along with the other issues; the mushroom growth in physical abuses terrorizes the daughters of the every nook and corner of the country each second. As per the rough statistics given by the researchers, in every four minutes there is one rape in India.

Considering the present scenario, a two days workshop was organised by the co-ordinator of Women Cell, Miss Priyanka Das of Salesian College Siliguri Campus on 'Self Defence'. The students from the various streams actively participated as they learnt several methods and techniques to safeguard themselves in trouble. Some easy stunts like boxing, punching and kick-boxing were shown in the front and the students were made to practice them on the first day while on the second day Master Kim a taekwondo teacher from Korea especially showed a presentation on 'Self Defence' which was equally helpful. He also taught some basic methods to use while in difficulty.

Altogether, it was a wonderful experience as the techniques that were taught proved to be highly beneficial. Such workshops must be organised every once in a while in every college of India indeed to spread an awareness that safety is more important today than education even. What is with the highest degrees and certificates when one is devoid of dignity? It was a small event but the mark it left behind was tremendous. Let us form a chain of the safety valve and make it the strongest and the longest.

